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|  | **CCCA2**  **2023-2024**  **Lesson 07: Art Therapy- Speech** |

**Learning outcomes:**

● Examine foundational art therapy concepts to understand their impact on emotional well-being.

● Analyze the critical components of speech delivery, including tone and body language.

● Construct persuasive written arguments by employing a range of persuasive methods and strategies.

**Writing a Persuasive Speech on Cyberbullying**

**I. Introduction**

In groups, define the Cyberbullying Form: Provide a clear and concise definition of the chosen form of cyberbullying.

Introduction Hook:

Imagine a world where your every keystroke, your every online interaction, and your personal information are relentlessly monitored and weaponized against you. It's not a dystopian fiction but the grim reality of cyberstalking

Start with a compelling fact or story related to your chosen form to grab your audience's attention.

What we often fail to realize is that the number of reported cases of cyberstalking comprises nearly 50% of the total cyberbullying reports on social media platforms. So, to spare you the mathematics and put it in stark terms: for every two people you know, one of them has likely experienced the torment and manipulation that cyberstalking inflicts. This means that in our ever-connected digital world, a friend, a family member, or even yourself might be enduring the silent suffering of having their personal lives invaded, their security shattered, and their peace of mind stolen by this pervasive and insidious menace

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Thesis Statement: Clearly state your position on the issue and why it matters.

Cyberstalking is a wicked manifestation of cyberbullying that demands our immediate attention. Its there ,yet hidden in the digital shadows, underscores the urgent need to acknowledge its existence, comprehend its far-reaching consequences, and take collective action against this digital menace. By doing so, we can protect individuals from the psychological and emotional harm inflicted by cyberstalking, ultimately fostering a safer and more secure online environment for all.

**II. Understanding the Issue**

Impact and Consequences: Discuss the impact and potential consequences of this form on victims, bystanders, and society as a whole.

The impact of cyberstalking is profound and far-reaching, extending beyond the confines of the virtual world. This practice inflicts emotional distress, physical health issues, and social isolation upon those targeted, leaving no one truly untouched, as bystanders too bear witness to the pervasive fear it instills.

In this matter , we dive into the profound implications and consequences of cyberstalking, recognizing the urgency of collective action to safeguard the well-being and privacy of individuals and the integrity of our digital society.

Statistics and Evidence: Include relevant statistics or real-life examples that highlight the severity of the issue.

And in our relentless battle against anxiety, depression, and post-traumatic stress disorder (PTSD), as we dedicate ourselves to the treatment of those afflicted, we often overlook the enduring presence of the root of all evil :cyberstalking.

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and the question is this ,how are we supposed to heal a patient like sarah Paulin who’s life has been literally shattered by this digital menace.? we don’t think that pills are the most effective solution for patients like Sarah, as the scars run far deeper than what can be healed by medicine alone**.and especially that her oppressor is still there haunting .**

**III. Identifying the Causes**

Motivations: Explore the reasons behind individuals engaging in this form of cyberbullying.

Discuss the motivations behind individuals engaging in the chosen form of cyberbullying within your groups.

The motivations driving individuals to engage in cyberstalking are various, we may mention the desire for control and power, vengeance, obsession, anonymity, entertainment, jealousy, isolation, and even underlying mental health issues. These motivations, often a toxic blend of psychological and emotional factors, provide insight into the disturbing mindset of cyberstalkers

Technology's Role: Discuss how technology and online platforms contribute to this issue.

Technology and online platforms have undeniably amplified the prevalence and impact of cyberstalking. The veil of anonymity provided by the internet gave cyberstalkers superpowers to pursue their victims relentlessly. The digital tools at their disposal, from messaging apps to location services, have created new avenues for harassment and invasion of victims' lives. Furthermore, the ease of manipulating digital content enables the fabrication of false information, causing reputational damage and emotional distress. Recognizing the role of technology in cyberstalking is essential for developing strategies to safeguard individuals and mitigate this issue, emphasizing the importance of cybersecurity, digital literacy, and responsible online platform management in our increasingly connected world.

**IV. Persuasive Arguments**

Your Perspective:In your groups, outline three persuasive arguments for taking a stance against the chosen form of cyberbullying.

standing up against cyberstalking is vital for several reasons. Firstly, it protects individuals from the severe emotional distress caused by this form of harassment, promoting mental well-being. Secondly, it preserves privacy and security in the digital realm, ensuring a safe space for online expression. Lastly, it fosters a compassionate digital society by sending a clear message that such behavior is unacceptable, reinforcing the importance of respect and kindness in our online interactions

.Supporting Evidence: Provide evidence, such as research findings or expert opinions, to back up your arguments.

Numerous studies, such as research from the Cyberbullying Research Center, confirm that cyberstalking leads to severe emotional distress, including anxiety, depression, and PTSD (Hinduja & Patchin, 2014). Moreover, experts from the International Society for Technology in Education (ISTE) stress the importance of establishing empathy and respect in digital interactions (ISTE, 2021).

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valid or relevant.

* “it’s not that serious” / “it doesn’t happen all that much” : unfortunately with the abundance of social media in our lives, platforms that somewhat normalize “following” other people virtually, “cyber stalking” has been a reoccurring phenomenon in our societies, it is also serious because it has led to the demise of many people

**V. Solutions and Call to Action**

Proposed Solutions: Suggest practical solutions or measures to combat this form of cyberbullying.

Some solutions include:

Documenting Everything: Save all evidence of the cyberstalking, including emails, messages, social media posts, or any other communications that you perceive as harassment.

Blocking the Perpetrator: Utilize the privacy settings on your social media accounts to restrict the stalker's access. Block their email address and phone number if possible.

Contacting the Authorities: If you feel that your safety is at risk, report the incident to the police. Provide them with the evidence you've gathered, including any threatening or harassing messages.

Informing Your Network: Inform your friends and family about the situation, especially if the stalker is trying to reach out to them. Ensure they do not disclose any sensitive information about you to unknown individuals.

Seekingg Legal Advice: Consult with a legal professional who has experience in dealing with cyberstalking cases. They can providee you with guidance on what legal actions you can take against the perpetrator.

Personal Actions: Encourage individuals to take action, whether as victims, bystanders,

or potential perpetrators.

* We can all make change, if you or anyone you know is a victim of cyberstalking make sure to reach out to them. Instead of embracing loneliness and silence, speak up! Stay with the people who bring you comfort and get the justice you deserve.

Call to Action: Conclude your speech with a compelling call to action that motivates your

audience to support your cause.

-> We’re all a part of this, and unless we act fast, there will be thousands and thousands of more innocent victims. We can all make change, let’s act!

**Indicate if the criteria have been met with "Yes" or "No," and provide comments or plans for improvement in the "Comments/Improvement Plans" column.**

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| **Aspect** | **Met**  **Criteria for Assessment**  **(Yes/No) Comments/Improvement Plans** |
| Introduction | Clear opening that grabs attention |
| Body | Includes a clear thesis statement  Main points are well-organized |

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|  | Supporting evidence is relevant |
|  | Smooth transitions between points |
| Conclusion | Summarizes main points |
|  | Reinforces the thesis statement |
| Overall  Structure | Speech follows a logical progression |
|  | Clear beginning, middle, and end |

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